



Scalp Micropigmentation Pre-Care

Caring for your scalp is important for obtaining the most desired results.

We are so excited to work with you and give you a Complete look of hair! In order to make sure you are fully prepared to come in, please be sure to follow these steps. If you have any questions, please don't hesitate to email or call us. Thank you for choosing Complete Micropigmentation.

To ensure the best results possible, please follow these guidelines:

- 1) A week before your scheduled procedure, only wash your scalp with a gentle, non-abrasive shampoo.
- 2) After cleansing the scalp, moisturize it to keep it well hydrated, only if needed, as too much oil on the scalp will not allow the pigment to absorb properly. A hydrated scalp will help the ink absorb.
- 3) Avoid sun exposure. Wear a loose fitting hat, or use sunscreen. We want as minimal peeling as possible.
- 4) Before coming in, be sure to have had solid sleep, and to eat a healthy, filling meal. No alcohol or drugs the week of.
- 5) Avoid wearing any hair pieces a week prior to your treatment. 24 hours before your appointment, restrain from using a razor on your head.
- 6) Hair Length – Please SHAVE your head with a razor 2-3 days before your procedure, or with clippers set on size 0 the day of your procedure.

Just as you want a Complete look of hair, we want to give that to you. Following these steps will help your scalp be healthy and prepared for the treatment. We want you to look your best and be happy with the results. Please be sure to do your part by following these easy steps!